

The Lies We Tell

WEEK 3 // LYING TO OURSELVES

DANNY ANDERSON

The lies we tell ourselves .

If we claim to be without sin, we **deceive ourselves** and the truth is not in us. *1 John 1:8*

Whoever says, "I know him," but does not do what he commands is a **liar**, and the truth is not in that person.
1 John 2:4

We are masters at self – deception .

Honesty makes us uncomfortable .

If we tell ourselves the truth, it makes us responsible .

"Denial serves its purpose; it keeps us safe from the things we aren't ready to take on." — David Whyte

Wherever you are today is the result of the story you're telling yourself.

Self-deception cuts you off from the possibility of progress .

Keep me from lying to myself... *Psalms 119:29*

1. Question your story .

Those who trust their own insight are **foolish**, but anyone who walks in wisdom is safe. *Proverbs 28:26*

If the story doesn't change, you won't change.

2. Be honest about the discomfort you are trying to avoid.

3. Invite the Holy Spirit into the conversation.

“When the Spirit of **truth** comes, he will guide you into all **truth**. He will not speak on his own but will tell you what he has heard.” *John 16:13*

What lies have you been telling yourself?

To further explore and apply this message with your small group, visit eclife.org/groups to access this week's discussion questions.

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EVENTS & OPPORTUNITIES

Full list of events and registration is available at eclife.org's **EVENTS** page

VERB

Designed to help 7th-12th grade students connect with God and with one another, each month's VERB focuses on a different theme that will help students grow in their relationship with Jesus. Students will experience a friendly, welcoming environment that is both fun and encouraging.

When: Sunday, September 15, 6:00pm

Where: Greenwood Campus E-Café & Auditorium

The 1824

Join us for an environment created specifically for young adults: 18* to 24 years old. Each month, we gather for worship, teaching, and a chance to chat with others facing similar unique life experiences.

When: Thursday, September 19, 7:00pm

Where: Greenwood Campus Fieldhouse

**18-year-old attendees must be graduated seniors.*

Impact 101

Did you know that God has given you—yes YOU!—unique talents and abilities? Maybe it's making others feel welcome, brewing up a perfect cup of coffee, teaching kids, or knowing the ins and outs of production. No matter your gift, the Impact Team has a spot for you! Connect with us at Impact 101, your first step to joining the Impact Team. Learn more and register at eclife.org/impact-101. (Childcare is provided.)

When: Monday, September 9, 6:30pm

Registration is required.

Mission Trip Opportunities

Emmanuel Church partners with mission organizations in Africa, Colombia, Haiti, and Nicaragua. Each area provides an opportunity to join a team to help with needed projects and share the love of Jesus through mission trips. Visit eclife.org/global-outreach for more information on our upcoming 2020 mission trip opportunities.