

# ESPRESSO SHOT

THE POWER OF THE DECADE  
CODY JOHNSON

Time passes and not much changes. It is our actions and habits that change things.

92% of people don't complete their goals.

## 1. Evaluation

Evaluate the past and some of the hard truths about the past ten years.

Evaluate the person you are against the person you want to become.

Evaluate through the lens of scripture.

*"The best predictor of future behavior is past behavior."*  
— Mark Twain

I ponder the direction of my life, and I turned to follow your laws. *Psalms 119:59*

## 2. Motivation

*"Is it a dream or is it a goal? A dream is something you fantasize about that isn't going to happen. A goal is something you set a plan, work for and achieve."* — Paul Levesque

Set goals that motivate you.

Analyze

Identify

Determine

Plan

Mitigate

Check and Question

*"Most people overestimate what they can do in one year and underestimate what they can do in ten years."* – Bill Gates

Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty. *Proverbs 21:5*

## 3. Execution

*"The most effective way to do it, is to do it."* – Amelia Earhart

*"Long term consistency trumps short term intensity."* – Bruce Lee

Finishing is better than starting. *Ecclesiastes 7:8*

Commit to the Lord whatever you do, and he will establish your plans. *Proverbs 16:3*

# EVENTS & OPPORTUNITIES

*Full list of events and registration is available at [eclife.org](http://eclife.org)'s EVENTS page*

## Year-End Giving: Help Build Hope

Each year, Emmanuel launches a special Year-End Giving campaign through the generosity of those who decide to make a unique offering above and beyond their regular giving. This year, our goal is to raise \$60,000 to build six panel homes with our partner, Help Build Hope. Visit [eclife.org](http://eclife.org) for more information and to give.

## Small Group Registration

Small groups allow us to connect to God's word and one another. They are made up of about 10-14 people who meet together once a week over the course of a semester. Our winter semester begins January 12. Register at [eclife.org/groups](http://eclife.org/groups).

*Registration is required.*

## VERB

Designed to help 7<sup>th</sup>-12<sup>th</sup> grade students connect with God and with one another, each month's VERB focuses on a different theme that will help students grow in their relationship with Jesus. Students will experience a friendly, welcoming environment that is both fun and encouraging.

When: Sunday, January 12, 6:00-7:30pm

Where: Greenwood Campus E-Café & Auditorium

## The 1824

Join us for an environment created specifically for young adults: 18\* to 24 years old. Each month, we gather for worship, teaching, and a chance to chat with others facing similar unique life experiences.

When: Thursday, January 30, 7:00pm

Where: Greenwood Campus Fieldhouse

*\*18-year-old attendees must be graduated seniors.*