UPGRADE

EXTREME CLARITY // DANNY ANDERSON

Upgrade: an <u>improvement</u>, a new <u>version</u> improved <u>model</u>

"We should always be in the process of changing and becoming the next best version of ourselves." — Ed Mylett

80% of us fail at New Year's resolutions.

"For I know the plans I have for you," says the Lord. "They are plans for **good** and not for disaster, to give you a **future** and a **hope**." *Jeremiah 29*:11

"Success leaves clues, and if you sow the same seeds, you'll reap the same rewards." — Brad Thor

You must have <u>extreme</u> <u>clarity</u>.

"The number one reason most people don't get what they want is that they don't know what they want." - T. Harv Eker

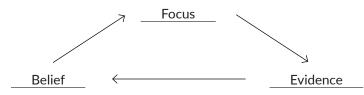
Less than <u>3%</u> of people have written goals.

"**Ask** and it will be given to you; seek and you will find; knock and the door will be opened to you." *Matthew* 7:7

"Moses my servant is dead. Therefore, **the time has** come for you to **lead these people**, the Israelites, across the Jordan River **into the land** I am giving them." *Joshua* 1:2

Extreme clarity brings <u>focus</u>.

"Basketball for me was the most important thing. So, everything I saw, whether it was TV shows, books I read, or people I talked to, everything was done to try to learn how to become a better basketball player. Everything." — Kobe Bryant



We leverage our <u>Reticular</u> <u>Activating</u> System (RAS).

How do we gain extreme clarity?

1. Spend time in God's word <u>every</u> <u>day</u>.

Don't copy the behavior and customs of this world, but let God transform you into a new person by **changing the way you think**. Then you will learn to **know God's will** for you, which is good and pleasing and perfect. *Romans* 12:2

"Daily Bible reading will keep you in range of God's voice." — Rick Warren

2. Meditate frequently on the <u>brevity</u> of <u>life</u>.

Teach us to realize the **brevity** of **life**, so that we may grow in wisdom. *Psalm* 90:12

3. Does it impact <u>others</u>?

Let each of you look not only to his own interests, but also to the interests of **others**. *Philippians* 2:4

"Life's most persistent and urgent question is, 'What are you doing for others?'" — Martin Luther King, Jr.

EVENTS & OPPORTUNITIES

Full list of events and registration is available at eclife.org's EVENTS page

Upgrade Devotional

As part of our Upgrade series, Emmanuel Church is embarking on a 21-Day Fast from January 13 to February 2. A fast is temporarily abstaining from something, like food, in order to intensify our expression of need for God and his work in our lives. Pick up a special Upgrade devotional in the lobby or visit eclife.org to receive daily Scripture and encouragement, and follow along with your small group during the fast.

VERB

Designed to help 7^{th} - 12^{th} grade students connect with God and with one another, each month's VERB focuses on a different theme that will help students grow in their relationship with Jesus.

When: Sunday, January 12, 6:00-7:30pm Where: Greenwood Campus E-Café & Auditorium

The 1824

Join us for an environment created specifically for young adults: 18* to 24 years old. Each month, we gather for worship, teaching, and a chance to chat with others facing similar unique life experiences.

When: Thursday, January 30, 7:00pm

Where: Greenwood Campus Fieldhouse

*18-year-old attendees must be graduated seniors.

High School Retreat

It's easy to look at other people's lives and think how great they are, but when others notice the good in us, our response can often be, "Who, me?" This year at the high school retreat, we want to learn how to get to know ourselves and live in confidence of how God created each one of us uniquely and without fear of other people's opinions. Register at eclife.org/ events.

Who: 9th-12th grade students

When: Friday, Jan. 24, 5:00pm - Saturday, Jan. 25, 2:00pm

<u>Where:</u> Boys - Greenwood Campus Fieldhouse Girls - Franklin Campus

Cost: \$35 (Invite a friend who does not attend a church to register for free!)