

made to give

WEEK 1 // SECOND MOUNTAIN LIVING // DANNY ANDERSON

We are suffering from a crisis of _____.

"During my years caring for patients, the most common pathology I saw was not heart disease or diabetes; it was loneliness."

— Dr. Vivek Murthy

Hyper-_____

"Hyper-individualism has led to a society where people live further and further apart from one another socially, emotionally, and even physically."

— David Brooks

"The reason American lives are shorter today is the increase in so-called deaths of despair—suicide, drug overdose, liver problems, and so on. And those in turn are caused by the social isolation that is all around us."

— David Brooks

The first mountain is about finding _____ through _____ fulfillment.

The second mountain is about finding _____ through _____ others.

"But there's a joyful way of being that's not just a little better than the way we are currently living; it's a quantum-leap better." — David Brooks

*"If you **cling** to your life, you will **lose** it; but if you **give up** your life for me, you will **find** it." Matthew 10:39*

The second mountain climb starts with surrendering the _____.

Then he said to the crowd, "If any of you wants to be my follower, you must **give up your own way**, take up your cross daily, and **follow me.**"
Luke 9:23

Follow Jesus where?

Toward _____.

*"For the Son of Man came to **seek** and **save** those who are lost."
Luke 19:10*

*"For even the Son of Man came not to be served but to **serve others** and to **give** his life as a ransom for many." Matthew 20:28*

*"It is more **blessed** to give than to receive." Acts 20:35*

"The people who radiate a permanent joy have given themselves over to lives of deep and loving commitment. Giving has become their nature, and little by little they have made their souls incandescent." — David Brooks

What mountain are you on?