



WATCH YOUR SOUL | WEEK 2

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The Bible is **the ultimate guide** to life.

All Scripture is **God-breathed** and is useful for teaching, rebuking, correcting and training in righteousness... 2 Timothy 3:16

"Therefore everyone who hears these words of mine and **puts them into practice** is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock." Matthew 7:24-25

Take care of your \_\_\_\_\_.

Above all else, **guard** your **heart**, for everything you do flows from it. Proverbs 4:23

"For the mouth **speaks** what the heart is **full of**." Luke 6:45

Your outer life is an \_\_\_\_\_ of your inner condition.

What is a soul?

"Soul" is... the hidden or 'spiritual' side of the person. It includes an individual's thoughts and feelings, along with heart or will, with its intents and choices. It also includes an individual's bodily life and social relations...  
— Dallas Willard

"And what do you benefit if you gain the whole world but **lose** your own **soul**? Is anything worth more than your soul?" Matthew 16:26

"To lose my soul means I no longer have a healthy center that organizes and guides my life." — John Ortberg

A soul is lost when its parts are out of \_\_\_\_\_  
with God's will.

I don't really understand myself, for I want to do what is right, but **I don't do it**. Instead, I do what I hate. Romans 7:15

I want to do what is good, but **I don't**. I don't want to do what is wrong, but **I do it anyway**. Romans 7:19

"Of all the commandments, which is the most important?" "The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. **Love** the Lord your God with all your **heart** and with all your **soul** and with all your **mind** and with all your **strength**.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these." Mark 12:28-31

If \_\_\_\_\_, loving God will \_\_\_\_\_ your soul.

Loving God brings your soul into alignment with **God's will**.

Is your soul aligned with God's will?