



IF IT FEELS GOOD, DO IT | WEEK 2
PASTOR CODY JOHNSON

God made you to _____.

Thrive: to flourish, prosper, grow vigorously

"The thief's purpose is to steal and kill and destroy. My purpose is to give them a **rich** and **satisfying** life." *John 10:10*

To continue to _____, we must combat the _____.

LIE: If it _____ good, _____.

What are feelings?

Definition: an emotional state or reaction; a belief, especially a **vague** or **irrational** one

_____ feelings: "If I indulge in this
_____, will it produce a _____
_____?"

God is never tempted to do wrong, and he never tempts anyone else either. Temptation comes from the lure of our own evil desires. These evil desires lead to evil actions, and evil actions lead to death.
James 1:13-15

Thoughts > Feelings > Actions > Results

"Even the feelings that harm us are, for the most part, not bad in themselves, but are somehow not properly limited or subordinated. They are **out of order**. Feelings are, with a few exceptions, good servants. But they are **disastrous masters**." — Dallas Willard

"Those who continue to be mastered by their feelings...are typically persons who in their heart of hearts believe that their feelings **must be satisfied**."
— Dallas Willard

Amnon: _____

Ahithophel: _____

Absalom: _____ and _____

TRUTH: You will never _____ if you are _____
to your destructive feelings.

How can we keep our feelings in order and thrive?

_____ of your _____
and _____.

We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought **captive** to **obey** Christ...
2 Corinthians 10:5

_____ to _____.

"In general, the task, once we have given ourselves to Christ, is to recognize the reality of our feelings and agree with the Lord to abandon those that are destructive and that lead us into doing or being what we know to be wrong." — Dallas Willard

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there.
Galatians 5:24

Will you nail your feelings to the cross?



Today's talk deals with sensitive material. Should you find yourself in need of biblical counseling, scanning this QR code will take you directly to our counseling intake form.

To further explore and apply this message with your small group, visit eclife.org/groups to access this week's group discussion questions.

thrive
thrive, lies
feels, do it
Destructive, temptation,
sinful result
Lust
Self-Hatred
Bitterness, Anger
thrive, obedient
Take charge, thoughts,
Feelings
Submit, Jesus Christ