



WEIGHT OF ENVY | WEEK 4

PASTOR DANNY ANDERSON

Therefore, since we are surrounded by such a great cloud of witnesses, let us **throw off everything that hinders** and the sin that so easily entangles. And let us run with perseverance the race marked out for us. *Hebrews 12:1*

Letting go of _____

Envy: Sadness over someone else's success.

"[Envy is an] irrational anger at the success of others." – St. Thomas Aquinas

For where you have **envy** and selfish ambition, there you find **disorder** and every **evil practice**. *James 3:16*

So from that time on Saul kept a **jealous** eye on David. *1 Samuel 18:9*

A heart at peace gives life to the body, but envy **rots the bones**. *Proverbs 14:30*

1. Accept that life is _____.

"He gave **five** bags of silver to one, **two** bags of silver to another, and **one** bag of silver to the last—dividing it in proportion to their **abilities**." *Matthew 25:15*

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. *James 1:17*

2. Recognize everyone has _____.

"Mortals, born of woman, are of few days and full of **trouble**." *Job 14:1*

"You don't know what burdens the people you are jealous of are carrying." Jordan Peterson

3. Remember _____ you are.

See what great love the Father has lavished on us, that we should be called **children of God**! And that is what we are! *1 John 3:1*

Now if we are **children**, then we are **heirs**—heirs of God and co-heirs with Christ... *Romans 8:17*

Since he did not spare even his own Son but gave him up for us all, won't he also give us **everything else**? *Romans 8:32*

Will you let go of envy?



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