



THIS WILL MAKE ME HAPPY | WEEK 1

PASTOR DANNY ANDERSON

Thought → Feeling → Behavior → Consequence

“Every thought-seed sown or allowed to fall into the mind, and to take root there, produces its own, blossoming sooner or later into act, and bearing its own fruitage of opportunity and circumstance. Good thoughts bear good fruit, bad thoughts bad fruit.” – James Allen

Whoever **sows** to please their flesh, from the flesh will reap **destruction**; whoever **sows** to please the Spirit, from the Spirit will reap **eternal life**. *Galatians 6:8*

What is the quality of your thoughts?

You can _____ different thoughts.

Set your **minds** on things that are **above**, not on things that are on **earth**. *Colossians 3:2*

And now, dear brothers and sisters, one final thing. Fix your **thoughts** on what is true, and honorable, and right, and pure, and lovely, and admirable. **Think about** things that are excellent and worthy of praise. *Philippians 4:8*

“The ultimate freedom we have as human beings is the power to select what we will allow or require our minds to dwell upon.” – Dallas Willard

Don't copy the behavior and customs of this world, but let God **transform** you into a new person by **changing** the way **you think**. *Romans 12:2*

“ _____ will make me _____.”

For the love of **money** is the root of all kinds of evil. And some people, craving **money**, have wandered from the true faith and pierced themselves with many sorrows. *1 Timothy 6:10*

Only _____ can _____ you.

“The **Lord** is my shepherd; I shall not **want**.” *Psalms 23:1*

O God, you are my God; I earnestly search for you. My **soul thirsts** for you; my **whole body longs** for you in this parched and weary land where there is no water. *Psalms 63:1*

You say, “Food for the stomach and the stomach for food, and God will destroy them both.” The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. *1 Corinthians 6:13*

“God cannot give us a happiness and peace apart from Himself, because it is not there. There is no such thing.” – C. S. Lewis

“Anyone who drinks this water will soon become **thirsty again**. But those who drink the water I give will **never be thirsty again**. It becomes a fresh, bubbling spring within them, giving them eternal life.” *John 4:13-14*

“Anyone who is **thirsty** may come to me! Anyone who **believes** in me may come and drink! For the Scriptures declare, ‘Rivers of **living water** will flow from his heart.’” *John 7:37-38*

Will you replace your “this” with God?



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choose
This, happy
God, satisfy