



WHY WORRY? | WEEK 1
PASTOR DANNY ANDERSON

Jesus was the greatest _____ to ever live.

Worry: mental distress or agitation, a feeling of uneasiness

“I am leaving you with a gift—peace of mind and heart. And the peace I give you is a gift the world cannot give. So don’t be troubled or afraid.”
John 14:27

“Can all your worries add a single moment to your life?” *Matthew 6:27*

Worry steals away your _____.

“Worry has never brightened a day, solved a problem, or cured a disease.”
Max Lucado

Worry _____.

1. Know your _____.

“Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are?” *Matthew 6:26*

“Look at the lilies of the field and how they grow. They don’t work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?”
Matthew 6:28-30

2. _____ your life on what _____ is _____.

“Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.” *Matthew 6:33*

3. Live _____ at a time.

“My life has been full of terrible misfortunes most of which never happened.”
Montaigne

“So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.” *Matthew 6:34*



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teacher
joy
doesn't work
value
Focus, God, doing
one day