# **CLUTTER**

WEEK 1 DO IT ALL

Message Notes

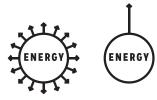
Danny Anderson

**Clutter**: a disorderly heap; a state or condition of confusion

In the same way that your closet gets cluttered, so does your \_\_\_\_life\_\_.

A cluttered life prevents you from making your greatest <u>contribution</u>.

For we are God's handiwork, created in Christ Jesus to do **good works**, which God prepared in advance for us to do. *Ephesians 2:10* 



"Concentrate all of your thoughts upon the work at hand. The sun's rays do not burn until they are brought into focus." Alexander Graham Bell

Our lives get cluttered because we think we can "\_do\_\_it\_\_all\_".

1. You must accept the reality of \_\_\_\_\_\_i

When they found him, they said, "Everyone is looking for you." Mark 1:37

And he said to them, "Let us **go on** to the next towns, that I may preach there also, for that is why I came out." *Mark* 1:38

I brought you glory on earth by **finishing the work** you gave me to do. *John 17:4* 

Teach us to realize the brevity of life, so that we may **grow in wisdom**. *Psalm 90:12* 

2. You must accept the reality of <u>trade</u> - <u>offs</u>.

Saying 'yes' to something requires that you say 'no' to something else.

"When you consider the limited number of hours in a day, there is **no way** you can reach your potential in all those areas. There's just not enough time." Andy Stanley

Her sister, Mary, sat at the Lord's feet, **listening** to what he taught. But Martha was distracted by the big dinner she was **preparing**. She came to Jesus and said, "Lord, doesn't it seem **unfair** to you that my sister just sits here while I do all the work? Tell her to come and help me." But the Lord said

to her, "My dear Martha, you are worried and upset over all these details! There is only **one thing** worth being concerned about. Mary has discovered it, and it will not be taken away from her." *Luke* 10:39-42

"The enemy of the **best** is often the **good**." Stephen Covey

If you want to make your greatest contribution, you must	<u>de-clutter</u>
your life.	
5 (1) 1 0 14 (	
Essentialism by Greg McKeown	
Choosing to Cheat by Andy Stanley	
The Best Question Ever by Andy Stanley	
The best Question Ever by Andy Stanley	

### WEEKLY BIBLE READING

ONE YEAR NEW TESTAMENT	SUNDAY Luke 13:22-14:6	MONDAY Luke 14:7-35	TUESDAY Luke 15:1-32
this week	april 10	april 11	april 12
WEDNESDAY Luke 16:1-18	THURSDAY Luke 16:19-17:10	FRIDAY Luke 17:11-37	SATURDAY Luke 18:1-17
april 13	april 14	april 15	april 16
WEEKLY MEMORY VERSE Ephesians 2:10			

# CLUTTER

### For Group Discussion

Answer these questions prior to your Small Group meeting this week.

#### Check-in

#### LAST WEEK'S ACTION STEP

From the information we discussed the last time we met, what did you apply to your life in a practical way?

#### OTHER POTENTIAL TOPICS FOR CHECK-IN

TIME WITH GOD – What are you applying that you are getting from your daily time with God?

MEMORY/MEDITATION VERSE - State it.

ACCOUNTABILITY FOR - Who was accountable for you? Did they care for you by helping you achieve your action step(s) this past week?

### Introduction

"Clutter" describes a place or location that is out of order, messy, or jumbled. This word could describe many of our closets, garages, or kitchen drawers. If we are not careful, this word begins to describe our days, our schedules, and eventually our lives. When our lives get cluttered, we often lose sight of what's most important, which keeps us from making our greatest contribution.

## **Discussion Questions**

1. What is the most cluttered place in your home? How did it get this way?

A cluttered life creates lots of problems that can keep us from making our greatest contribution. Read John 17:4. What contribution does God want you to make?

2. The number one cause of clutter in our lives is the belief that we can (and should) "do it all." Using the space below, write down all the things you have committed to do in the next seven days.

Circle the two things you would eliminate from the list, if you could. When it comes to these two things, where does the pressure come from to continue these activities?

## **Small Group Questions Continued**

3. Share a time when you reached your limit. What limits exist for you and why is it important to recognize and honor them? Read Mark 1:35-38. How do the words of Jesus in this passage speak to the limits that are in each of our lives?

Saying "yes" to something requires that we say "no" to something else. Share 2-3 things you must say "yes" to in order to be able to make your greatest contribution. How can accepting your limitations allow the most important things to rise to the top?

4. If you want to make your greatest contribution, you must de-clutter your life. What specific action will you take this week to embrace both your limitations and the reality of trade-offs so you can make the contribution God intends?

# **Action Step**

Fill in the blanks below for this upcoming week.		
My action steps are		
I'm accountable for	, and their action steps are	
My memory verse is	•	
This coming week, I'm praying for:		