



SG | Small Groups

“The worst feature of the Christian religion is its attitude towards sex.”
— Bertrand Russell

You are free to do as you please, but you are not free to choose the consequences _____.

He followed her at once, like an ox going to the slaughter. He was like a stag caught in a trap, awaiting the arrow that would pierce its heart. He was like a bird flying into a snare, little knowing it would **cost** him his **life**. *Proverbs 7:22-23*

God’s **will** is for you to be holy, so stay away from all sexual sin. *1 Thessalonians 4:3*

Then each of you will **control** his own body and live in holiness and honor—not in lustful passion like the pagans who do not know God and his ways. *1 Thessalonians 4:4-5*

How do we get a grip?

1. Understand that sex is not an _____ appetite _____.

You say, “Food for the stomach and the stomach for food, and God will destroy them both.” The body, however, is **not meant** for sexual immorality but for the Lord, and the Lord for the body. *1 Corinthians 6:13*

The two will become one flesh. *Genesis 2:24*

By his power God raised the Lord from the dead, and he will **raise us also**. *1 Corinthians 6:14*

2. Ask yourself, “Do you want to take _____ Jesus _____ with you?”

Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and **unite** them with a prostitute? **Never!** *1 Corinthians 6:15*

Do you not know that he who **unites** himself with a prostitute is one with her in body? For it is said, “The two will become one flesh.” But whoever is **united** with the Lord is one with him in spirit. *1 Corinthians 6:16-17*

3. Ask yourself, “_____ Who _____ do you _____ think _____ you are?”

Do you not know that your bodies are **temples** of the Holy Spirit, who is in you, whom you have received from God? You are not your **own**; you were bought at a price. **Therefore** honor God with your bodies. *1 Corinthians 6:19-20*

Group Prep

In preparation for your small group, please read 1 Corinthians 6:9-20, 1 Thessalonians 4:1-8, and answer the following discussion questions prior to attending.

Introduction

We live in a sexually-charged culture that says sexual activity is normal, sexual promiscuity is natural and consensual sex is okay, but we still hear news highlighting political leaders, celebrities and even local community personalities who have fallen to sexual temptation. The tendency is to think, “those people have messed up.” But the reality is that most of us have either personally dealt with, or know someone who has dealt with, the life-altering consequences of sexual immorality. How can we “get a grip” on our sexuality?

Discussion Questions

1. How does our culture support the idea that giving into sexual temptation is natural and normal? The normal tendency of most people is to think, “I’m not sexually immoral, and I don’t have to personally deal with the consequences of sexual immorality.” Do you agree or disagree? Why?

2. Read 1 Thessalonians 4:3-5. What’s a definition for sexual immorality?

Based on 1 Corinthians 6:9-20, what are some ways Paul’s view on sexuality differs from the city of Corinth and our culture’s view? Share one thing that jumped out at you as “a new way of thinking” from this passage of Scripture. How could this thought affect the way you view your sexuality going forward?

3. Just as a fire should be contained in a fireplace, God’s design for sexual intimacy is that it be contained inside marriage. Why do you think God designed sexual intimacy in this way? Just as an uncontained wildfire can cause massive destruction, stepping outside of God’s design for sexual intimacy can cause destruction in your life. If we don’t get a grip on our sexuality, how could this destruction materialize in your life or in the lives of others?

Read 1 Thessalonians 4:7-8. God calls us to live holy lives. If you follow God’s design for sexual intimacy, how could it influence the lives of those God has placed in your life?

4. Based on 1 Corinthians 6:18, what is Paul’s advice on how to respond to sexual temptation? What are some practical ways you can begin to “get a grip” on God’s design for your sexuality?

Outreach: Groups in Action

The Refuge is in need of individuals to help with their afterschool program. This is a long-term need during the school year. Are you able to help Monday or Wednesday from 3:30-5:30pm? Call 317-889-7388 if you are able to help.

As a small group, would you like to help serve at a local nursing home? Food pantry? Or help a single mom? Talk about it as a group and email Kerry Carmichael at kcarmichael@eclife.org with your desire and the night of the month that you would like to serve. She will help connect your group to a service project for your 10-week semester.

Action Step

Fill in the blanks below for this upcoming week.

My action steps are _____.

I’m accountable for _____, and their action steps are _____.

My memory verse is _____.

This coming week, I’m praying for: