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WEEK 1
relationship danger

Message Notes
Danny Anderson

Social media can damage your most important relationships.

1. Social media can draw your attention away from the people you love.
2. Social media exposes you to all kinds of temptation.
3. Social media creates discontentment.

"Subjects felt significantly worse about themselves the more time they spent on Facebook." Allen Hall

"We are comparing our 'behind-the-scenes' with people's 'highlight reels'". Steven Furtick

What can we do?

1. Be present with the person in front of you.

Love does **no harm** to a neighbor. *Romans 13:10*

Love is patient and **kind**, love is not jealous or boastful or proud or **rude**.
1 Corinthians 13:4-5

2. Use wisdom, and set up boundaries.

When you are tempted, he will show you a **way out** so that you can endure.
1 Corinthians 10:13

But put on the Lord Jesus Christ, and make **no provision** for the flesh, to gratify its desires. *Romans 13:14*

Five Helpful Social Media boundaries

1. Clean up your feed.

2. Be 100 % transparent.

I made a covenant with my eyes not to look with lust at a young woman. *Job 31:1*

3. Set up an end time.

4. Don't make public what should be kept private.

5. Delete the platform.

If your right eye causes you to sin, tear it out and throw it away.
Matthew 5:29

3. Celebrate with others.

Rejoice with those who rejoice... *Romans 12:15*

"Celebration sends a kill shot right to the heart of envy." Craig Groeschel

How important are your relationships to you?

WEEKLY BIBLE READING

ONE YEAR NEW TESTAMENT	SUNDAY Matthew 28:1-20	MONDAY Mark 1:1-28	TUESDAY Mark 1:29-2:12
this week	february 14	february 15	february 16
WEDNESDAY Mark 2:13-3:6	THURSDAY Mark 3:7-35	FRIDAY Mark 4:1-29	SATURDAY Mark 4:30-5:20
february 17	february 18	february 19	february 20
WEEKLY MEMORY VERSE Romans 13:10			

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For Group Discussion

Answer these questions prior to your Small Group meeting this week.

Check-in

LAST WEEK'S ACTION STEP

From the information we discussed the last time we met, what did you apply to your life in a practical way?

OTHER POTENTIAL TOPICS FOR CHECK-IN

TIME WITH GOD - What are you applying that you are getting from your daily time with God?

MEMORY/MEDITATION VERSE - State it.

ACCOUNTABILITY FOR - Who was accountable for you? Did they care for you by helping you achieve your action step(s) this past week?

Discussion Questions

1. Are you a regular social media user (Facebook, Twitter, Instagram, etc.)?

If so, which forms do you typically use, and what first attracted you to connect? What is your primary purpose for using it now?

2. In order to keep social media from drawing our attention away from the people we love, and consequently causing damage to our relationships, we must be present with the person in front of us. When have you seen or experienced damage to a relationship as a result of a person's attention to social media?

Read 1 John 3:18. How does social media draw your attention away from others? How have you dealt with the distraction of social media in the past? How can we overcome the desire to withdraw into social media in the future?

3. We can avoid exposure to the temptations of social media by using wisdom and creating boundaries. Danny mentioned five boundaries we can set to protect us from the temptation of social media. In the area below, write a practical step you could take to create the specific boundary for your own social media accounts.

Clean up your feed -

Be 100% transparent -

Small Group Questions Continued

Set up an end time to put devices away -

Don't make public what should be kept private -

Delete the platform -

The Apostle Paul wrote, "...put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires" (Romans 13:14 ESV). What does it mean to "make no provision for the flesh?" What are some ways we rationalize this teaching and, in the end, compromise it's protection?

4. As followers of Christ we are called to celebrate with those who are celebrating, but the "highlight reel" of social media can often cause discontentment within us. Share a time when you found yourself comparing your life with someone you follow on social media? How can this type of comparison be harmful?

Pastor Craig Groeschel said, "Celebration sends a kill shot right to the heart of envy." Why is this true? Read Romans 12:15. What can you do to make sure this is the stance you take as a follower of Christ?

5. Read 1 Corinthians 13:4-7. What steps will you take this week to limit your exposure to the downside of social media, and to prove the importance of your relationships? How will you specifically address the challenges to be present, set up boundaries, and celebrate with others?

Action Step

Fill in the blanks below for this upcoming week.

My action steps are_____.

I'm accountable for_____, and their action steps are

_____.

My memory verse is_____.

This coming week, I'm praying for:

