

WEEK 4
THE RIGHT PEOPLE
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SG | Small Groups

"Only by his support and friendship did I ever struggle to the end of the labor...but for his interest and unceasing eagerness for more I should have never have brought The Lord of the Rings to a conclusion."

- J.R.R. Tolkien

| We make it stick with the <u>right</u> <u>people</u> .   |  |  |   |
|--|--|--|---|
| <b>Two</b> people are better off than one, for they can help each other <b>succeed</b> . <i>Ecclesiastes 4:9</i>   |  |  |   |
| "Science confirms that getting to the next level is 100 percent dependent on relationship. Butthe relationship must be the right kind of relationship, more than just hanging out with pals."  — Henry Cloud |  |  |   |
| 1. We pick up good <u>habits</u> from the right people.  |  |  |   |
| "As a general rule, the <b>closer</b> we are to someone, the more likely we are to <b>imitate</b> their habits." — James Clear   |  |  |   |
| Whoever walks with the wise becomes <b>wise</b> , but the companion of fools will suffer <b>harm</b> . <i>Proverbs</i> 13:20   |  |  |   |
| 2. We draw <u>strength</u> from the right people.  |  |  |   |
| Jonathan went to find David and encouraged him to <b>stay stro</b> in his faith in God. 1 Samuel 23:16   |  |  |   |
| Worry weighs a person down; an encouraging word <b>cheers</b> a person up. <i>Proverbs</i> 12:25   |  |  |   |
| 3. We discover <u>new</u> <u>information</u> from the right people.  |  |  |   |
| Plans go wrong for lack of advice; many advisers bring success.  Proverbs 15:22  4. We are heldaccountable by the right people.  As iron sharpens iron, so a friend sharpens a friend.  Proverbs 27:17       |  |  |   |
|  |  |  | No person can become and do all that God has planned for them without the right people. |
|  |  |  | Are you surrounded by the right people?   |

### Group Prep

In preparation for group, please read Ecclesiastes 4:9-12 and listen to the Weekend Service message, then answer the following discussion questions.

#### Introduction

Science has confirmed that the greatest leverage we have for getting to the next level in any area of life is relationships, but they must be the right kind of relationships. Relationships have the power to launch us into the stratosphere of life or keep us living at ground-level. Which kind of relationships are you surrounding yourself with?

#### **Discussion Questions**

1. How do we create lasting change? Throughout the "Make It Stick" series, we've been encouraged and challenged to create long-lasting improvements in different areas of our life. Which areas have you decided to focus your attention on, and what have you been doing to implement long-lasting change in that area?

The last installment of the series directs us to focus on who we surround ourselves with because how well we do in life is largely dependent on who is doing life with us. Who are the five closest people to you? What kinds of positive or negative influences do these five people have on you?

2. What most resonates with you in Ecclesiastes 4:9-12? What attributes or characteristics should we look for in the right people to surround ourselves with?

The author of Proverbs, King Solomon, has a lot to say about surrounding yourself with the right people. Read Proverbs 12:25, 12:26, 13:20, 16:28, 17:9, 18:24, 21:17, 22:24-25, 27:5-6, and 27:9. Take a moment to jot down the principle found in each passage and discuss them openly with the group.

- 3. If we surround ourselves with the right people, we gain the following:
- We pick up good habits from the right people. What habits, good or bad, have you picked up from those you've surrounded yourself with?

- We draw strength from the right people. Who is the most encouraging person in your life? How so? What opportunities are you missing to be a strength-giver?
- We discover new information from the right people. In what areas of your life do you need better information, and who could potentially provide help in this area?
- We are held accountable by the right people. Why does accountability get a bad reputation? What's attractive about accountability? In what area of life are you ready to have more accountability?

We can unintentionally sabotage ourselves by deflecting the right people because of pride, unawareness, selfishness, crudeness, language, or other character flaws. Is there anything you need to change so the right people will want to surround you?

## **Action Step**

| 4. Are you willing to "make it stick" by surrounding yourself with |
|--|
| the right people? What tough decisions need to be made, and what   |
| action will you take?  |
| My action step is  |

| My action step is                                     |                   |
|---|-------------------|
| I will encourage and pray forand their action step is | to follow through |
| My memory verse is                                    |                   |
| This coming week, I'm praying for                     |                   |
|   |                   |

# **Outreach: Groups in Action**

Ready to clean out your coat closets? Bring in your used adult coats to be donated to Hoosier Veterans Assistance Foundation, who serve homeless veterans or those at risk. Collection boxes will be located at each campus.

Thank a veteran for their service by writing an encouraging note to go with each coat donated. There are about 85% men served and 15% women through Hoosier Veterans Assistance Foundation. Drop your notes off at the information desk.

For more details and information, please contact Kerry Carmichael at kcarmichael@eclife.org.