



MESSAGE NOTES

Danny Anderson
Soul Keeping, week 1

The health of your soul determines the quality of your life.

- Keep your heart with all vigilance, for from it flow the springs of life.
- Proverbs 4:23

A person with a healthy soul is able to respond to the situations of life as Jesus would.

Our Soul is in trouble.

• For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. - Mark 7:21-22

God wants to restore your Soul.

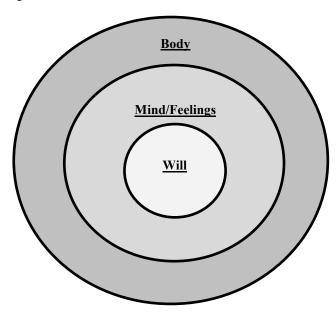
- The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.
- Psalm 23:1-3

We must begin with understanding.

• "Understanding is the basis of care. If you want to care for your spiritual core, you must understand it." - Dallas Willard

You are a Soul.

 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. - Genesis 2:7



Today's Challenge: Pay Attention!

WEEKLY BIBLE READING			
One Year New Testament	SUNDAY Acts 5:1-32	Monday Acts 5:33-6:15	TUESDAY Acts 7:1-29
This Week -	June 7	June 8	June 9
WEDNESDAY	THUDCDAY	Enve	C
Acts 7:30-53	THURSDAY Acts 7:54 – 8:13	FRIDAY Acts 8:14-40	SATURDAY Acts 9:1-25

FOR GROUP DISCUSSION

Answer these questions prior to your Small Group meeting this week.

1. In order to take care of something well, you must understand it – this is true for a car, a cat, or a spouse. What is something you take care of well because you understand it? What is something you have neglected to care of because you didn't understand it?

The soul can be a mysterious thing. Before hearing the talk this weekend, how would you have described the soul? How do you feel about the idea that you are a soul, not just a human being?

- 2. READ Psalm 23:1-3. God wants to restore the soul. A restored and healthy soul is able to respond to the situations of life as Jesus would. Based on this definition of a restored and healthy soul, how would others describe the health of your soul? What evidence would they have for their assessment based on the choices you make, the feelings/emotions you display, and the cravings that control you?
- 3. The soul is made up of three parts the will (choices), the mind (feelings), and the body (cravings). How was the explanation of the three parts helpful to you? Did it give you any insight for how to care for your soul? Share the reasons for your response.

Danny said, "The health of your soul determines the quality of your life." READ Proverbs 4:20-23. What are the things in your typical day that normally get your attention? How do these things affect your heart, soul, and quality of life?

Are there other things you feel you should pay attention to in order to increase the quality of your life? If so, share those things with the group.

4. Dallas Willard said, "Understanding is the basis of care. If you want to care for your spiritual core, you must understand it." The challenge this week is to pay attention to your soul. What are some practical ways you plan to accomplish this goal?



Welcome to EMMANUEL CHURCH

Greenwood Campus June 6 & 7, 2015

Please fill out a Connection Card and drop it in the offering bucket. Thank you for being our guest!

As our guest, please do not feel obligated to participate in our offering. Instead we hope that you will receive our gift to you of a comfortable experience and a message that makes sense to you.

LARGE PRINT and HOLE PUNCHED BULLETINS are available at the Information Center in the lobby.

If you have any questions, please visit the Information Center.

We would love to meet you!

Our nurseries and children's program offer a warm, caring, and fun atmosphere for your child. They will be well-supervised and have Z age-appropriate FUN! Check-in begins 25 minutes before each service.

Our Family Room (by the Information Center) is an option if your

Our Family Room (by the Information Center) is an option if your child is not comfortable in his or her age-appropriate classroom, or if he or she is restless or fussy in the main auditorium. A private Nursing Mothers Only room is available as you exit the auditorium to the right near the restrooms. A live video feed is available in both areas so you won't miss the service in progress.

LAST WEEK'S ATTENDANCE

BANTA GREENWOOD 2,729

TOTAL IMPACT

Both Campuses
Attendance: 3,435
Offering: \$68,384

May Attendance Averages: Banta - 719, Greenwood - 2,898 May Giving Average: \$81,574

\$91,000 per week fully funds our 2-Year Vision.