

UNSHAKABLE

WEEK 1
DO THE RIGHT THING
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Life can shake you up.

“Here on earth you will have many **trials** and **sorrows.**” *John 16:33*

The ropes of **death** entangled me; floods of **destruction** swept over me. The **grave** wrapped its ropes around me; **death** laid a trap in my path. *Psalm 18:4-5*

How do you stand strong when things go wrong?

Do the right thing.

Whoever does these things will never be **shaken.** *Psalm 15:5*

1. The common sense factor

“*There is no pillow so soft as a clear conscience.*” – French Proverb

“*Trust is the glue of life...It’s the foundational principle that holds all relationships.*” – Stephen Covey

“As you wish that others would do to **you**, do so to **them.**”
Luke 6:31

2. The God factor

The **righteous** will never be **shaken**, but the **wicked** will not dwell in the land. *Proverbs 10:30*

“The whole land of Canaan...I will give as an everlasting possession to you and your descendants after you; and I will be their God.” *Genesis 17:8*

For only the **godly** will live in the land, and those with **integrity** will remain in it. *Proverbs 2:21*

3. The obedience factor

“Why do you call me **Lord, Lord** and not do what I tell you?”
Luke 6:46

Matthew 7:24-27

“*The one who hears him and does what he says accordingly builds the house of his or her life to be totally indestructible.*”
– Dallas Willard

Doing the right things really means doing God’s will.

“...I seek not my **own** will but the will of **him** who sent me.”
John 5:30

The world and its desires pass away, but whoever does the will of God **lives forever.** *1 John 2:17*

SG | Small Groups

Group Prep

In preparation for small group, please read Psalm 15:1-5, Galatians 7-10, and Matthew 7:24-27, then answer the following discussion questions.

Introduction

In John 16:33, Jesus promises that we will have “many trials and sorrows.” He knew our lives would be difficult, but He did not leave us without instruction on how to handle it. We’re going to discuss how doing the right thing allows us to be unshakable when things go wrong.

Discussion Questions

1. Are you the type of person that stands strong when things go wrong or becomes sad when things go bad? Why? Share a time when you recently felt “shook.” What’s your strategy for maintaining peace and confidence in the midst of pain and confusion?

In Psalm 15, David shares the value of integrity, honesty and doing right by others. What do we experience when we prioritize these virtues? Which of those virtues do you live out well and which do you feel you need to develop? Read Proverbs 10:30. Why is a person who does what is right able to live an unshakable life?

2. Common-sense is not always common practice. Describe the “common-sense factor.” The apostle Paul says we will “reap what we sow” in Galatians 6. How does this passage relate to the common-sense factor? Can you share a practical example of when a lack of common-sense reaped destruction in either your life or the life of another? Read Galatians 6:7. How does the principle found in this passage apply both negatively and positively to our spiritual lives?

Describe the “God factor.” Read Psalm 46:1-3. Share an example of when you, or someone else, did the right thing, and even though the odds weren’t good, God provided the grace necessary to overcome them? Where do you need God’s favor? What’s keeping you from experiencing it?

Describe the “obedience factor.” Read Matthew 7:24-27. The man who built the house that withstood the storm is described as one who listened and applied what he learned. Share what you’ve learned and applied that has helped you become unshakable in one area of your life. Name another area where you could begin to build a more solid foundation to help weather future storms. What steps will you take to make that happen?

3. Of the three factors shared to help you live an unshakable life, which motivates you the most to do the right thing? Read John 5:30. What does it mean to do the right thing? Name one area of your life in which you have not surrendered to God’s will? What’s keeping you from doing so, and how could you remove the resistance? What would change and who would be affected if you surrendered this area to God?

4. Where have you determined you need to do the right thing? Share one practical step you plan to take this week to build an unshakable life.

My action step is _____.

I will encourage and pray for _____ to follow through, and their action step is _____.

My memory verse is _____.

This coming week, I’m praying for _____.

Outreach: Groups in Action

Come worship together as a small group at Emmanuel’s upcoming Night of Worship on Thursday, March 1. The entry fee is one canned good, but your group can go above and beyond by bringing multiple canned goods that will go to support our local nonprofit partner, the Refuge.

Love One is a new foster/adoption ministry. Please consider preparing a meal or babysitting for a family. If interested in either, contact Kerry Carmichael at kcarmichael@eclife.org.